

AN ANALYSIS OF ANGER EMOTION IN THE MOVIE 13 REASONS WHY

Riski Mubaraq¹, Yusrita Yanti²

¹English Department, Faculty of Humanities, Bung Hatta University

²English Department, Faculty of Humanities, Bung Hatta University

e-mail : riskimubaraq@yahoo.com , yusrita.yanti@bunghatta.ac.id

ABSTRACT

Everyone has different responses towards something which happens in their surroundings of life. Anger is one of the branches of the human basic emotion. In this research, the writer analyzes the anger emotion used by the characters in the movie “13 Reasons Why”. This research intends to describe and analyze the type of anger and explain how the words used to convey the character’s anger emotion in the movie “13 Reasons Why”. The writer uses the qualitative method. The writer presented the data in a table. The resource of the data for this research is taken from the movie “13 Reasons Why”. The results of this study reveal that there are so many ways to convey the emotion of anger. Which is generally used by people to convey their anger. The anger emotional expression is confirmed by 50 data from the movie “13 Reasons Why”. The details are as follows: (1) the types of anger emotion which is 10 irritation, 9 exasperation, 15 rages, 9 disgust, 4 envy, 3 torments. (2) the ways the characters conveyed their anger. The writer found that rage is one of the most used types of anger that the characters use to convey their anger.

Keywords: *Basic Emotions, Anger, Figurative Language.*

INTRODUCTION

Communication is essential in humans' live to communicate with each other in society. Humans communicate in various ways to express their own ideas, knowledge, skills, and emotions. It is common knowledge to associate speech and sounds with communication, but in reality, communication is the verbal transfer of knowledge. The foundation of all human touch, which is essential to human life, is communication. Communication is the process of exchanging ideas and knowledge [1]. There is typically at least one speaker or sender, a communication message that is transmitted, and a person or people for whom this message is meant in an act of communication. Emotional Expression or emotion refers to feelings and special thoughts [2], some biological conditions and psychological conditions, and also the motivation to act. He further classifies several emotional Emotions in human beings and their mutation, variation, and nuance. In this research, the writers choose *the movie 13 Reasons Why* as the object to be analyzed. Because in this movie the writer can find a lot of the characters' Anger Emotions, especially in teen drama, and psychological thriller types of movies. The characters in this movie use verbal communication (words) and non-verbal communication (behavior) which makes analyzing

easier. This movie is about a girl who just moved into this high school, but long story short, she took her own life. Two weeks after her own tragic death, a former classmate named Clay finds a mysterious box on his porch. Inside the box are recordings made by Hanna (the girl who committed suicide) - on whom Clay had a crush, and she explains the 13 Reasons Why she chose to commit suicide. If clay decides to listen to the recordings, he will find out if and how he made it onto the list of “the reasons” why Hanna took her life. This intricate and heart-wrenching tale is told through Clay and Hannah’s dual narratives. Talking about Emotions [3], the writer usually can find a lot of kinds of emotions such as sadness, Anger, happiness, and other kinds of emotions. Even without knowing, we can find those things in our daily activities, in comics, or in a novel. These are the things that inspired me to take emotion as the theme to analyze in my research. I have read a few works of literature works, that talks about emotion, a lot of literature talk about Anger Emotion to be specific, and those literary works really inspired the writer to analyze the emotion of Anger. The purpose of this research is to find the types of anger emotion used by the cast in the movie 13 Reasons Why and how the words are used by the cast to convey their Emotion of Anger.

METHOD

In this chapter, the writer explained the method of doing this research, the source of the data, and the technique of collecting the data. There are two types of methodology, the first one is qualitative methodology and the second one is quantitative methodology. In this research, the writer uses the qualitative method in doing this research. "Qualitative research should produce explanations or arguments, rather than claiming to offer mere descriptions"[4]. The source data that the writer use is a movie called 13 Reasons Why. This movie was published in 2017, it's a teen drama, mystery, psychological thriller type of movie, this movie was directed by Eskmo and the main character actor in this movie were Dylan Minnette and Katherine Langford. The data from this study are from conversations in the movie called 13 Reasons Why which contain Anger Emotion conveyed by the cast in the movie. Table 1 shows some examples.

Table 1. Data Sample of 13 Reasons Why Movie

No.	Words	I	Ex	R	D	En	T
1.	<i>Fuck! What the fuck?</i>	×					
2.	<i>This is your fucking fault, Hannah!</i>			×			

I: Irritation *Ex: Exasperation* *R: Rage*
D: Disgust *En: Envy* *T: Torment*

In analyzing the data, the researcher checked the data that has been collected whether it matches the theory that the writer uses or not, then the writer analyzes the data based on the theory that the researcher uses. In this, part the writer watched the 13 Reasons Why movie and screenshots all the scenes that include Anger Emotion, then the writer lists the data in form of a table. For accuracy in acquiring the data, the writers watched the film repeatedly and take a look at the data which can be already indexed inside the table to ensure no mistakes. Data had been indexed; the writer makes a column for each type of Anger Emotion and then analyzes the data from the movie 13 Reasons Why.

FINDING AND DISCUSSION

After analyzing the data, the writer found six types of anger that the cast used to express their anger, and two types of how the cast conveyed their anger. The writer categorizes the results of the 50 data analyses into six categories of anger emotion [5]: Irritation, Exasperation, Rage, Disgust, Envy, and Torment. Among them are:

Envy

Envy is the type of Anger expressed out of a feeling of discontented or resentful longing aroused by someone else possessions, qualities, or luck, a desire to have a quality, possession, or other desirable attribute belonging to someone else. The researcher finds the example of Envy types of anger, as follows:



Minutes 00:13:08 (Season 2 Episode 6)

Chloe: *Did you know he was back?*
 Bryce: *What does it matter to you? why do you f*cking care if Justin's back?*
 Bryce: *I don't f*cking care!*

Context:

In this scene, Justin (Chloe's ex-boyfriend) just gets back to school, and Chloe asks Bryce (her current boyfriend) if he knew about that, out of envy, Bryce let out some swear words to Chloe, showing his emotion of anger caused by his envy. That is why this type of anger is included in the Envy types of Anger.

Irritation

Irritation is a state of feeling annoyance, impatient, or slightly angry. In conclusion, Irritation is the Emotion caused by the speaker's feelings of annoyance. The researcher finds the example of Irritation types of anger, as follows:



Minutes 00:01:39 (Season 1 Episode 3)

Bryce : [splash water to Clay face]
 Justin : *Fuck! What the fuck?*
 Bryce : [Laughs]

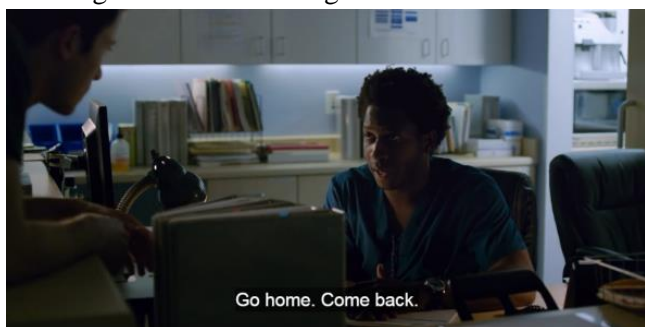
Context:

In this scene, Justin is sleeping on a sofa in the morning, suddenly a friend named Bryce came and splashed some water on Justin's face and made Justin awake from sleep. Justin is annoyed that Bryce disturbed his sleep and expresses his annoyance by saying "Fuck you" to Bryce as a response to his annoyance caused by Justin. Fuck you based on this context are included in the Irritation types of Anger.

Based on these findings, it can be seen that the data that has been analyzed shows that the emotions expressed by the characters in this movie depend on the context that the characters are in, sometimes there are some swear words used by the characters to convey their anger. With the use of the theory by Parrot. There are 50 pieces of data that the the writer found from this movie. Finding how the characters express many types of anger emotions. And this study found two ways to express emotions, namely literally, with direct words, and secondly, non-literal, such as:

Literal

In some of the data the researcher finds there are some words used to express anger emotions, if we read it, listen from the intonation we immediately know the meaning and direct meaning of the words.



In this picture, the nurse is speaking angrily to Clay who frustrating him, we can see that the nurse is telling clay to go home and come back. The meaning of his anger is literally the same as his words.

Non-Literal

Non-literal meaning refers to the literal meaning that can be looked up in the dictionary. From the data, the writers find emotional expressions of anger conveyed by using Figurative language, for example, Hyperbole, metaphor, and personification. For example, Hyperbole has an exaggerated meaning of oversize, grade, or number, which means hyperbole is a figure of language that speaks more than or more than the real meaning. This

phenomenon is often mentioned in society in everyday conversation about something exaggerating, particularly among teenagers.



From this picture, we can see that the person is saying "you defend him all the time" which is not true, the person is exaggerating his words by saying "all the time".

CONCLUSSION AND SUGGESTION

Based on this research, the the writers discovered six emotional expressions in the film *13 Reasons Why*. 10 Irritation, 9 Exasperation, 15 Rage, 9 Disgust, 4 Envy, and 3 Torment. Of the six varieties of anger emotions identified by Parrot's Theory, the character from the film *13 Reasons Why* primarily exhibits the Rage types of anger emotion. This study provides several suggestions for other researchers who want to do some research in the linguistic fields: 1. The findings of anger emotions found in this movie can be developed by further researchers to be analyzed with other linguistic fields like Semantics. 2. Other researchers can also find expressions of anger emotions that are not found in this movie as the data source of this research. 3. Of course, this research that has been done can also increase knowledge for other researchers that emotional expression can be studied in the field of linguistics.

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